

# Riley Foster

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7783479749

Mission, BC

## Summary

Eager and quick learner with a breadth of experience including childcare, sports, instructing, and program design.

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## Skills

Leading Activities, 1-on-1 Childcare, Sports/Coaching, Communication, Professionalism, Organization

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## Experience

### Sales Representative/Assistant Manager

Vector Marketing • Vancouver, BC

04/2022 - Present

Responsible for over \$45,000 in personal sales as an independent representative of CUTCO Cutlery through direct selling. Won many performance based awards including 3 scholarships. As an Assistant Manager, I have recruited, coached, and managed sales representatives, run interviews, trainings, and performed many instructional and motivational presentations. Developed skills in communication, rapport building, organization, discipline, and work capacity.

### Recreation Program Assistant

UFV Athletics and Campus Recreation • Abbotsford, BC

09/2021 - Present

Responsible for designing, promoting, and implementing recreational programs for students, staff, and the community, including intramurals, drop-ins, fitness classes, events, and all sports day camps. Day camps involved creating and running games for 7-12 year olds to help them learn basic motor skills within a variety of sports.

### Student Trainer

UFV Athletics and Campus Recreation • Abbotsford, BC

08/2021 - 04/2022

Developed skills in preventing, managing, and rehabilitating athletic injuries while working with the UFV Men's Volleyball team. Practiced in stressful and high-pressure environments requiring quick and accurate decision making. Maintained professionalism and built relationships with the athletes, coaches, staff, and fellow trainers.

### Camp Volunteer Staff

Timberline Ranch • Maple Ridge, BC

06/2018 - 08/2021

Volunteered at Summer and off-season camps, leading activities and caring for campers aged 7-16. Responsible for the safety and enjoyment of children, including counseling and leading groups of 8 campers for 10-hour days. Activities included crafts, sports, dining, games, and campfires. Experience providing 1-on-1 care for children with special needs.

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## Education

### Bachelor of Kinesiology

University of the Fraser Valley • Abbotsford, BC

12/2024

Cumulative 4.18 GPA, as well as participated in and led numerous student organizations. Have won 7 scholarships and been on the Dean's List 4 consecutive times. Pursuing an MD in physiotherapy or occupational therapy after undergraduate studies.